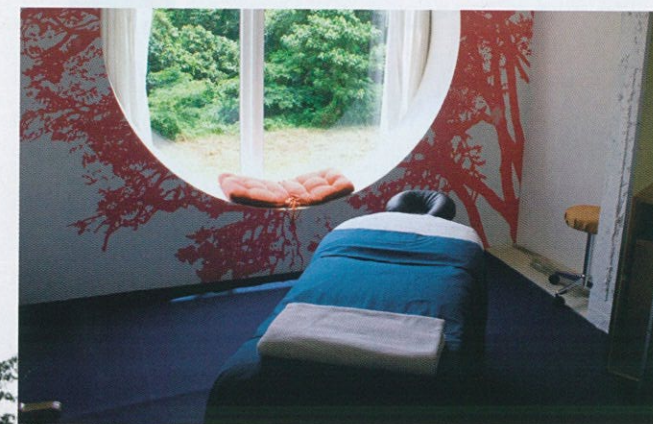


HEAVENLY SPA RITUALS

Whether you have just an hour or half a day, here are 15 luxurious spa experiences to spoil yourself with.

BY ANNIE TAN



ECO-CHIC BEAUTY

Spa Esprit Budapest Customised Facial, \$160.50 for 60 minutes

Spa Esprit, #05-10 Paragon, tel: 6836-0500, www.spa-esprit.com

This revitalises skin texture with garden-fresh certified-organic plants and herbs from Hungary. Free of preservatives and pesticides, the eco-facial brims with wholesome goodness, with options such as sour cherry to refine enlarged pores, rosehip to soothe sensitive skin, and rose petal to replenish dry skin.

* From cleansing to exfoliation and masks, each step is customised for your skin. You'll particularly love the face massage, which revs up blood circulation, enhances ingredient penetration, prompts lymphatic drainage, and reduces traces of fatigue.

You Have One Hour



LAVISH ESSENCES

Spa Infinity Mosaic Le Essence Face Therapy, \$480 for 60 minutes

Spa Infinity, #02-486 Suntec City Mall Tower 2, tel: 6738-0069, <http://spainfinity.com.sg>

The facial pampers your face with the most luxurious beauty essences: caviar, black orchid, white truffle and gold. After a thorough skin analysis, your therapist will recommend a "healing elixir" for your skin – tired skin enjoys a surge of radiance, parched skin is quenched, and stressed skin gets an immunity boost.

You're then treated to a face massage, facial masks, eye masks and a revitalising hand treatment, all featuring ingredients such as peptides, collagen and hyaluronic acid, as well as rejuvenating botanicals such as aloe vera and argan oil. You'll emerge from this skin therapy feeling utterly renewed.

KOREAN SKIN RITUAL

Sulwhasoo Snowise EX Illuminating Facial Treatment, \$180 for 60 minutes
Sulwhasoo Boutique, #01-72/73 Capitol Piazza, tel: 6844-9766, www.sulwhasoo.com.sg

As soon as you enter, you'll be invited to choose a Korean herbal aroma essential oil, to be used in a dry-cloth scalp massage, traditionally performed in the royal palace during the Joseon dynasty. The facial features skincare with white ginseng extracts to correct yellowness and redness for immaculate radiance. It also helps brighten eye contours and reduce puffiness using a cooling metal applicator.

